



## IELTS Speaking on Weekends, Sleep and Leisure Student A- Weekends

### Part One

How did you spend last weekend?  
How do you usually spend your weekends?  
How do you think you will spend your weekends in 10 years' time?  
How do you think your weekends will change as you get older?  
What would be the perfect weekend for you?  
What things are there to do at the weekend in or near your city?  
Do you have any plans for next weekend?  
How did you use to spend your weekends when you were a child?

### Part Two

Describe a particularly memorable weekend.

You should say:

- ◇ Who you spent the time with
- ◇ What you did
- ◇ Where you went

and explain why this weekend stands out in your memory

### Part Three

How do people your age in your country usually spend their weekends? Do you think that is a good way of using their time?  
Do you think more needs to be done in your country to make sure that school kids and working people are able to enjoy their weekends?

### Instructions

#### Part One

*Ask any of the questions from that section for two minutes (as there is only one topic)*

#### Part Two

*Give the usual Part Two instructions, then give the task to your partner. If they stop after more than one minute, ask one or two questions about what they said. If they haven't stopped speaking after two minutes, interrupt them and ask those one or two questions.*

#### Part Three

*Ask any questions from the list. You can also ask follow up questions or similar questions on the topic.*



## IELTS Speaking on Weekends, Sleep and Leisure Student B- Leisure

### Part One

- Do you have any hobbies?
- How do you usually spend your spare time?
- How do you think you will use your leisure time in 20 years' time?
- How do you think your leisure time will change as you get older?
- What relaxing things are there to do in or near your city?
- How did you use to spend your evenings when you were a child?
- Do you have any plans for this evening?
- Are there any new hobbies that you would like to take up?

### Part Two

Describe one thing you do in order to relax.

You should say:

- ◇ What it is
- ◇ When and where you do it
- ◇ Why you find it relaxing

and say what kinds of people you would recommend the same method of relaxation to

### Part Three

- How do people your age in your country usually spend their free time? Do you think that is a good way of using their time?
- Do people in your country have enough time off? Is there anything that the government could do to remedy that?
- Do you think it is the responsibility of schools or parents to find hobbies for their children? Why/ Why not?

### Instructions

#### Part One

*Ask any of the questions from that section for two minutes (as there is only one topic)*

#### Part Two

*Give the usual Part Two instructions, then give the task to your partner. If they stop after more than one minute, ask one or two questions about what they said. If they haven't stopped speaking after two minutes, interrupt them and ask those one or two questions.*

#### Part Three

*Ask any questions from the list. You can also ask follow up questions or similar questions on the topic.*



## IELTS Speaking on Weekends, Sleep and Leisure Student C- Sleep

### Part One

How much sleep do you usually get?

What are the consequences of a lack of sleep for you?

Have you ever gone 24 hours without sleep? Please tell me about that time

How important is sleep to you?

Are you a light or heavy sleeper? What makes you say that?

What things stop you sleeping?

When do you usually catch up on your sleep?

Do you have afternoon naps? Why/ Why not?

### Part Two

Describe a time when you didn't get enough sleep.

You should include in your answer:

- ◇ Why you didn't sleep enough
- ◇ What the effects of that was
- ◇ How you caught up on your sleep

And say how you could or do make sure that you get enough sleep

### Part Three

Do people in your country tend to get enough sleep? Why do you think that is?

Do you think tiredness is increasing or decreasing? What are the factors behind that?

What are the results of people not getting enough sleep, both personally and on society? What are the solutions to those problems?

### Instructions

#### Part One

*Ask any of the questions from that section for two minutes (as there is only one topic)*

#### Part Two

*Give the usual Part Two instructions, then give the task to your partner. If they stop after more than one minute, ask one or two questions about what they said. If they haven't stopped speaking after two minutes, interrupt them and ask those one or two questions.*

#### Part Three

*Ask any questions from the list. You can also ask follow up questions or similar questions on the topic.*