

Active listening discussion

Take turns asking each other questions below about active listening, in any order you like.
Are you a good listener? What makes you say that?

In which jobs is it especially important to be a good listener? Why?

Is it possible to teach how to be a good listener? If so, what would you teach?

How can you show that you are really paying attention to what someone is saying?

How important is it for a listener to keep eye contact and/ or to smile? Is it possible to do those things too much?

In your culture and/ or language, is it worse to listen in silence or is it worse to constantly use "active listening" sounds and phrases without any silence?

In your culture and/ or language, it is common to repeat the same few "active listening" sounds and phrases, or to vary them as much as possible?

What could be negative about repeating "mmhmm", "mmhmm", "mmhmm" while listening?

How similar or different is active listening in different languages and countries?

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