

Giving Medical Advice- Present Perfect Practice

Warmer

Ask each other about recent times and the time since you last saw each other with the right form of questions like “How _____ your week _____ (be)?” and “(Long time no see.) How _____ you _____ (be) since we last met?”

Which tense needs to go in the gaps above? Why?

What could be the difference in situations between “I’ve broken my leg” and “I broke my leg”?

Put the same tense into these phrases for advice/ suggestions/ recommendations:

- “_____ you _____ (think about) going to the doctor?”
- “_____ you _____ (consider) switching to nicotine gum?”
- “_____ you _____ (try) eating less salt?”

What other phrases could you use for giving advice/ suggestions/ recommendations?
Which are strong and which are weak?

Rank these phrases from strongest positive ones top to strongest negative ones bottom, with ones meaning not necessary in the middle.

- can/ could/ don’t have to/ don’t need to
- must/ have to
- mustn’t
- really must/ really have to
- really mustn’t
- really should/ really ought to
- really shouldn’t
- should/ ought to
- shouldn’t

Use phrases like these as you ask each other about the problems below with phrases like “I’ve... my... What do you think I should do?” and “My... has... since... Do you have any advice?”

Ask about any which you don’t understand, couldn’t fill the gaps for, were not sure about good advice for, etc, discussing the best advice as a class each time.

Fill the gaps below with suitable verb forms.



- I _____ (become) constipated.
- My joints _____ (become swollen/ swell up/ become painful).
- I _____ (break) my leg/ arm/ finger/ toe/ nose/ a tooth.
- I _____ (burn/ scald) my hand.
- I _____ (catch) flu/ influenza/ a cold.
- I _____ (cut) my finger/ myself shaving.
- I _____ (dislocate) my shoulder.
- I _____ (drink/ eat) too much.
- My mother _____ (faint/ lose consciousness).
- My tooth _____ (fall out).
- My grandmother _____ (fall over/ trip).
- An insect _____ (fly) into my eye.
- I _____ (gain/ put on) weight.
- My nose _____ (get) blocked up.
- I _____ (get) food poisoning.
- My blood pressure _____ (go up/ rise).
- I _____ (have) an allergic reaction (to...)
- I _____ (have) some panic attacks.
- I _____ (have) hiccups for an hour.
- I _____ (have) a headache for three days.
- I _____ (have) a runny nose for a week.
- I _____ (have) a fever since this time yesterday.
- My throat _____ (hurt) since Wednesday last week.
- I _____ (hurt/ injure) my back.
- I _____ (lose) my appetite.
- I _____ (lose) my voice.
- I _____ (lose) my medicine/ my prescription.
- I _____ (pull) a muscle.

- I _____ (not sleep) for two days.
- I _____ (sprain/ twist) my ankle.
- I _____ (start) smoking again.
- My skin _____ (turn/ become) red.