

Feelings- Opposites

Choose one of the feelings words on the next page and make a personal or opinion question using it such as one of the questions in the box below. The words divided by a dash (“-”) are (more or less) opposites and words divided by a slash (“/”) don’t necessarily have exactly the same meaning, so make sure you choose one specific word.

Before you actually ask the question, flip a coin to decide if you can ask someone else in your group that question (= heads, meaning “ask”), or whether you need to answer your own question (= tails, meaning “tell”). You can then all ask each other follow up questions if you like, but the person who is answering only has to explain why and can politely decline to answer all other questions. You can’t refuse to answer the initial question, and you can’t change the question after the coin has been flipped.

Suggested questions

Did you feel... first thing this morning/ yesterday/ last night/ last week?

Did you feel... when...?

Did... make you feel...?

Do you feel... when...?

Do you often feel...?

Do you sometimes make other people feel...?

Do you think... is a good way to make people feel...?

Does... make you feel...?

Have you ever felt... (when...)?

Have you felt... today/ this week?

How can you tell if people are feeling...?

How often do you feel...?

If you are feeling..., is it obvious or can you hide your feelings?

What do you do when your father/ partner/ boss is feeling...?

What makes you feel more..., ... or...?

What makes you feel...?

When did you feel most... (in your life)?

When did you last feel...?

Feelings words to ask questions about

afraid/ frightened/ scared – brave/ courageous/ unafraid

amused – unamused

ashamed/ embarrassed – proud/ unembarrassed

attracted – repelled

boiling/ hot/ roasting – cold/ freezing/ frozen

calm/ relaxed/ soothed – flustered/ stressed/ worried

certain/ sure – uncertain/ unsure

comforted – disturbed/ perturbed/ upset

convinced – unconvinced

distracted – focused

drunk – sober

empowered – disempowered

encouraged/ heartened – discouraged/ disheartened

energetic/ energised/ invigorated – sleepy/ tired

fit – unfit

flattered – insulted

fulfilled – unfulfilled

full/ stuffed – hungry/ starving

guilty – innocent

happy – sad/ unhappy

healthy / well – ill/ sick/ unhealthy/ unwell

impressed – disappointed/ underwhelmed/ unimpressed

inspired – uninspired

interested – bored/ uninterested

keen/ willing – reluctant/ unwilling

miserable – overjoyed

motivated – demotivated/ unmotivated

patient – impatient

pleased – displeased

powerful – powerless/ weak

safe – unsafe

secure – insecure

surprised/ shocked – unsurprised

sympathetic – unsympathetic

Ask about any words you don't understand above, making a question with that word each time when you understand it. No one has to answer the questions this time if they don't want to.

Feelings words opposites presentation/ practice

Without looking above, write at least one opposite for each row above.

afraid/ frightened/ scared

amused

ashamed/ embarrassed

attracted

boiling/ hot/ roasting

calm/ relaxed/ soothed

certain/ sure

comforted

convinced

distracted

drunk

empowered

encouraged/ heartened

energetic/ energised/ invigorated

fit

flattered

fulfilled

full/ stuffed

guilty

happy

healthy / well

impressed

inspired

interested

keen/ willing

miserable

motivated

patient

pleased

powerful

safe

secure

surprised/ shocked

sympathetic

Mixed answers

Use the mixed answers below to help with the task above. Some lines above have more than one answer below and the prefixes can usually be used more than once.

bored
brave
cold
courageous
de+ / un+
dis+
dis+ / dis+
disappointed
disturbed
flustered
focused
freezing
frozen
hungry
ill
im+
in+
innocent
insulted
overjoyed
perturbed
powerless
proud
reluctant
repelled
sad
sick
sleepy
sober
starving
stressed
tired
un+
un+ / un+
underwhelmed
upset
weak
worried

Mixed answers in sections

Make sure that each of the lines above is matched to one of the lines below.

bored/ un+

brave/ courageous

cold/ freezing/ frozen

de+/ un+

dis+

dis+

dis+/ dis+

disappointed/ underwhelmed/ un+

disturbed/ perturbed/ upset

flustered/ stressed/ worried

focused

hungry/ starving

ill/ sick/ un+/ un+

im+

in+

innocent

insulted

overjoyed

powerless/ weak

proud/ un+

reluctant/ un+

repelled

sad/ un+

sleepy/ tired

sober

un+

un+

un+

un+

un+

un+

un+

un+

un+

un+ / un+

Check your answers with the first worksheet.

Test each other orally in pairs.